



It Works!

Moral reasoning is how people make decisions about what they should or should not do in a given situation. Moral Reconciliation Therapy—MRT® fosters moral development in treatment-resistant individuals.



DOMESTIC VIOLENCE

The MRT model is a cognitive –behavioral program designed to change how batterers think (belief systems) therefore leading to changing the batterers’ behaviors from any types of abuse whether it is physical, emotional, or financial to behaviors which include equality and acceptance.

THURSDAYS → 9:00 A.M. - 10:30 A.M.

ANGER MANAGEMENT

The anger management program, Coping with Anger, is designed to help clients recognize, overcome, and control anger. The anger management workbook has eight modules, which can be completed in 8 to 10 group sessions.



FRIDAYS → 10:00 A.M. - 11:30 A.M.



CRIMINAL JUSTICE / ADDICTION & SUBSTANCE ABUSE

The criminal justice curriculum, How to Escape Your Prison, addresses criminal thinking, co-occurring disorders, and substance abuse. Generally, a participant can complete the program within 24-36 group sessions held in accordance with the agency’s implementation needs and requirements. The primary workbook for the offender population to address substance abuse is How to Escape Your Prison.



FRIDAYS → 1:00 P.M. - 2:30 P.M.

CODEPENDENCY

Untangling Relationships is a program that targets codependency issues. It is appropriate for those with substance abuse disorders, mental health challenges, and/or basic relationship challenges.



WEDNESDAYS → 4:00 P.M. - 5:00 P.M.



RELAPSE PREVENTION

The relapse prevention program, Staying Quit, targets individuals who are active in substance abuse programs of any type in any setting. Relapse prevention is the primary goal of treatment, but focusing on relapse prevention issues should take place sometime after the client is engaged in treatment and is not actively using substances.

MEN'S: MONDAYS → 4:00 P.M. - 5:00 P.M.

WOMEN'S: TUESDAYS → 4:00 P.M. - 5:00 P.M.

PRIOR TO ATTENDING CLASSES, PATIENTS MUST CALL 406.395.6910